“The reports of the European Monitoring Center for Drugs and Drug Addiction (EMCDDA) point out that use of ineffective prevention methods is still widespread in Europe. Gregor Burkhart, a research analyst at the EMCDDA, says it is important to understand that even the most attractive prevention measures can be harmful, as they can encourage the use of psychoactive substances or more harmful habits and patterns of use, this way having the opposite of intended effect.

The European Society for Prevention Research (EUSPR), which brings together researchers and practitioners from Europe and around the world, is the developer of this Position, which was translated into Lithuanian language as a collaborative effort between Drug, Tobacco and Alcohol Control Department, together with the NGO organizations the Lithuanian Tobacco and Alcohol Control Coalition and the “Mental Health Initiative”. EUSPR President Peer van der Kreeft welcomes the translation of the position into Lithuanian and points out that human and financial resources for prevention are limited, therefore investing in ineffective and even harmful measures will leave less resources for effective prevention. He encourages to rely on the achievements of prevention science for achieving better public health outcomes and calls for better utilization of the activities of the EUSPR researchers and practitioners, who ready to share international good practice.”