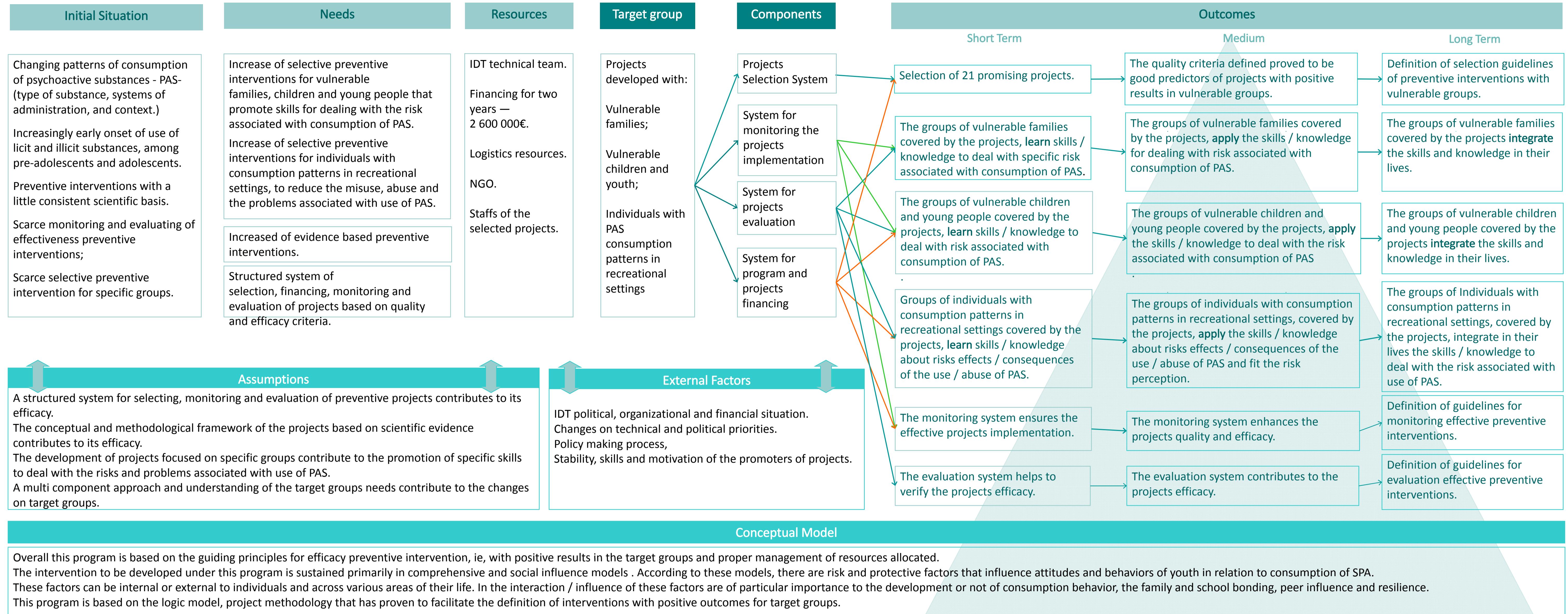
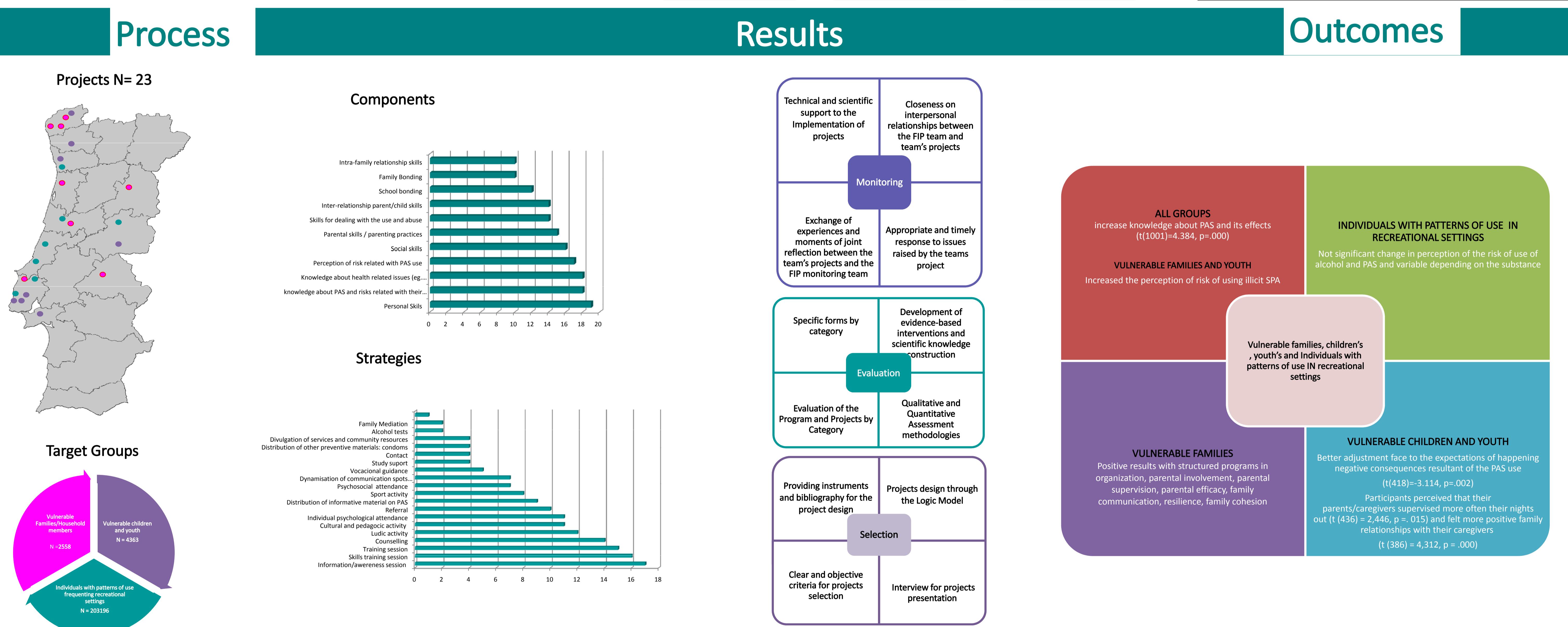
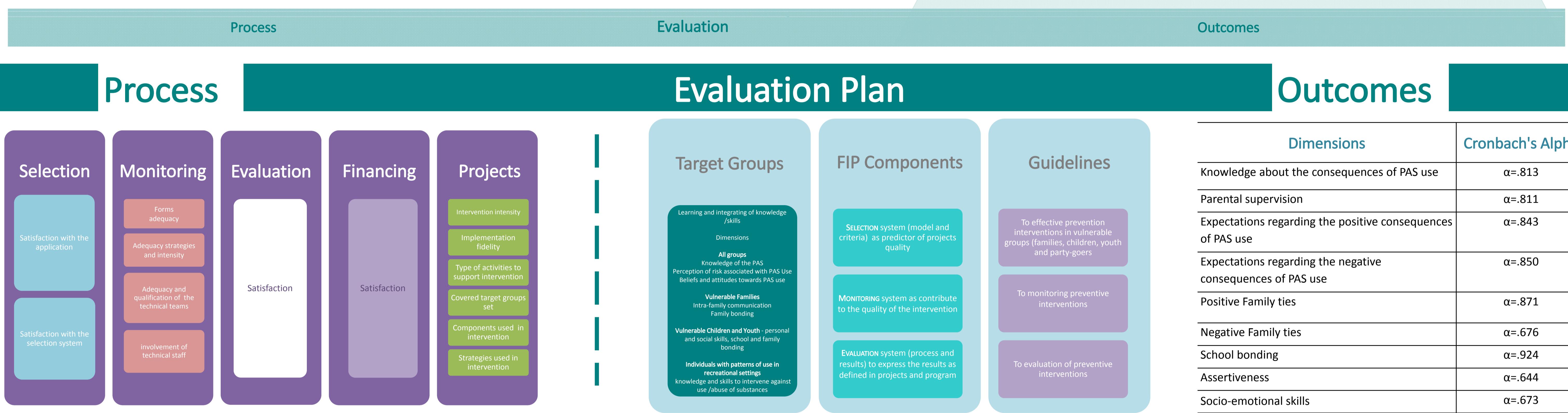


# Focused Intervention Program 2007-2010

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Overall this program is based on the guiding principles for efficacy preventive intervention, ie, with positive results in the target groups and proper management of resources allocated.  
The intervention to be developed under this program is sustained primarily in comprehensive and social influence models. According to these models, there are risk and protective factors that influence attitudes and behaviors of youth in relation to consumption of SPA. These factors can be internal or external to individuals and across various areas of their life. In the interaction / influence of these factors are of particular importance to the development or not of consumption behavior, the family and school bonding, peer influence and resilience. This program is based on the logic model, project methodology that has proven to facilitate the definition of interventions with positive outcomes for target groups.



## Conclusions

Regarding the objectives, the assumptions defined for FIP and the program results' evaluation, the results showed that: the intervention showed to be multicomponent, comprehensive, focused on a specific group; of regular intensity, based on a conceptual and methodological framework, developed by technicians with specific training and experience in the field of health promotion and drug prevention, in multidisciplinary teams, including evaluation as a structuring principle.

The interventions implemented contributed to skills development in the target groups to deal with the use of PAS and for individual knowledge of its effects; it is significant that projects which were based on structured programs and also evaluated performed better and were more reliable compared to those which were not. These results support some of the standards for preventive intervention evidence based, and allow us to conclude that:

- A structured system for selecting, monitoring and evaluation of preventive projects contributes to its effectiveness;
- An evidence based conceptual and methodological framework of the projects contributes to its effectiveness;
- The development of projects focused on specific groups has a say in promoting specific skills to deal with the risk and problems associated with PAS use;
- A multicomponent approach and understanding of the needs of target groups contributes to expected changes in target groups;

The FIP has identified key dimensions to the definition and implementation of programs of selective prevention in drug addiction field, to test new methodologies and practices in the IDT, I.P., to evaluate them, but also to think about their results as a remarkable contribution that may be guidelines to future preventive intervention of IDT, I.P..

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