

# **Alcohol prevention in hands of local communities.**

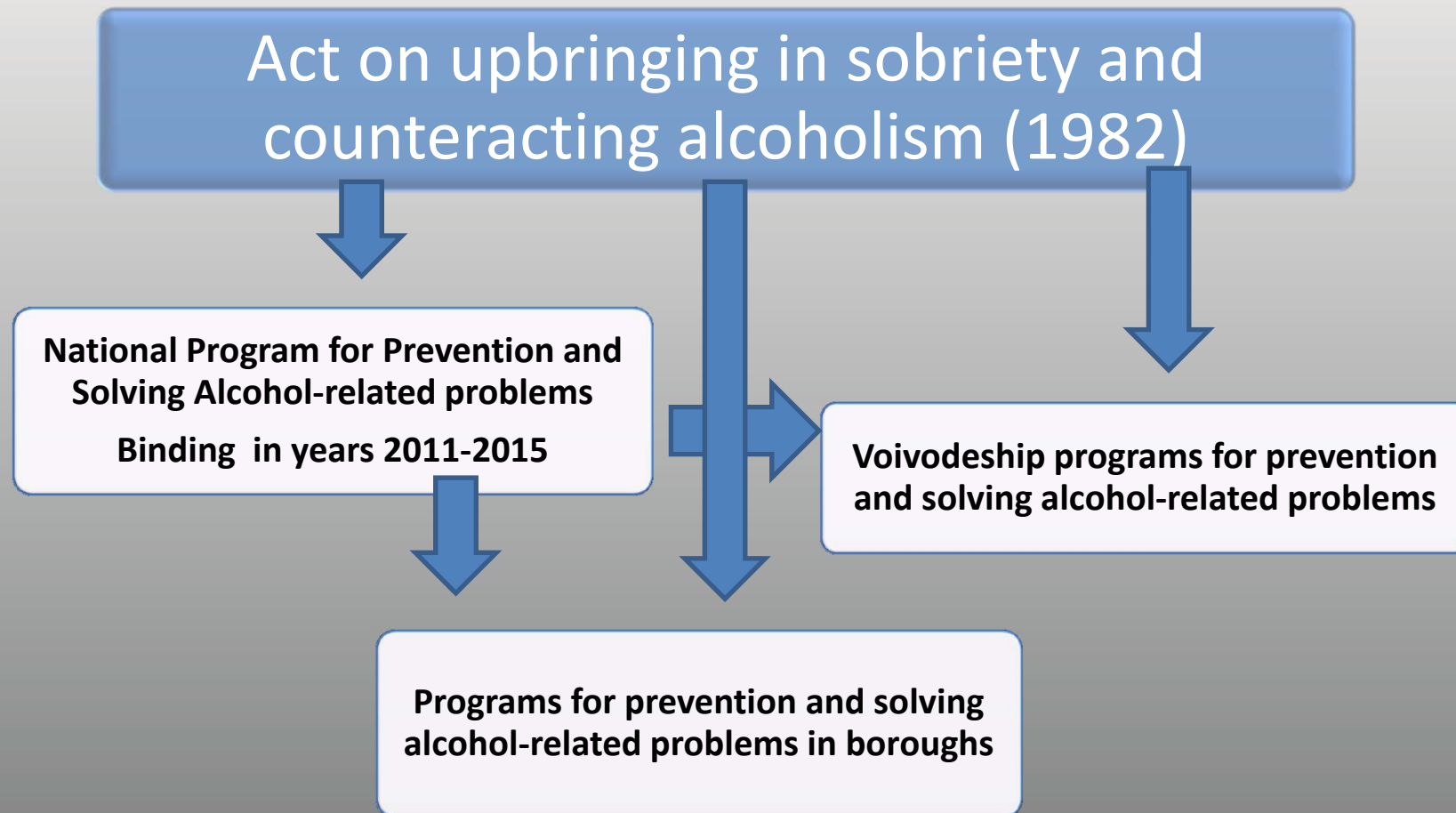
## **Polish system for solving alcohol-related problems.**

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Katarzyna Okulicz-Kozaryn

State Agency for Prevention of Alcohol Related Problems,  
EUSPR, Lisbon, 8-9.12.2011

# Polish system for solving alcohol-related problems

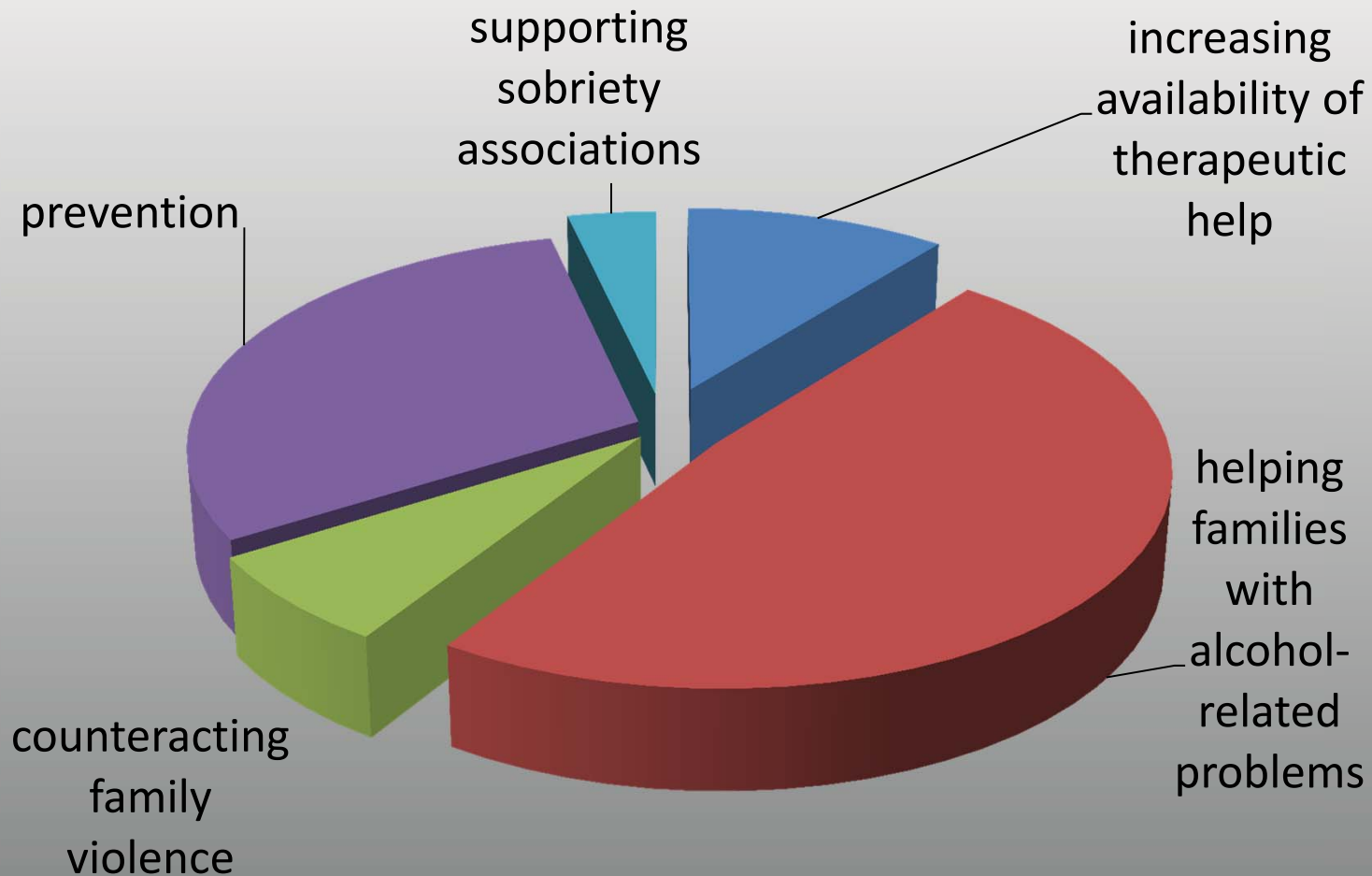
(since 1997)



# Financing of the system

Administration level	Expenses in 2010
Local governments in communities (fees for using permits for retail sales of alcohol)	<b>586 419 495,24 PLN</b> <b>95,0%</b> <b>131 mln EUR</b>
Country districts (own resources)	<b>1 117 317,89 PLN</b> <b>0,2%</b>
Local governments in voivodships (fees for using permits for wholesale trading)	<b>23 869 855,69 PLN</b> <b>3,9%</b> <b>5,3 mln EUR</b>
State budget	<b>6 138 000 PLN</b> <b>1,0%</b> <b>1,5 mln EUR</b>
<b>TOTAL:</b>	<b>617 544 669 PLN /</b> <b>137 844 792 EUR</b>

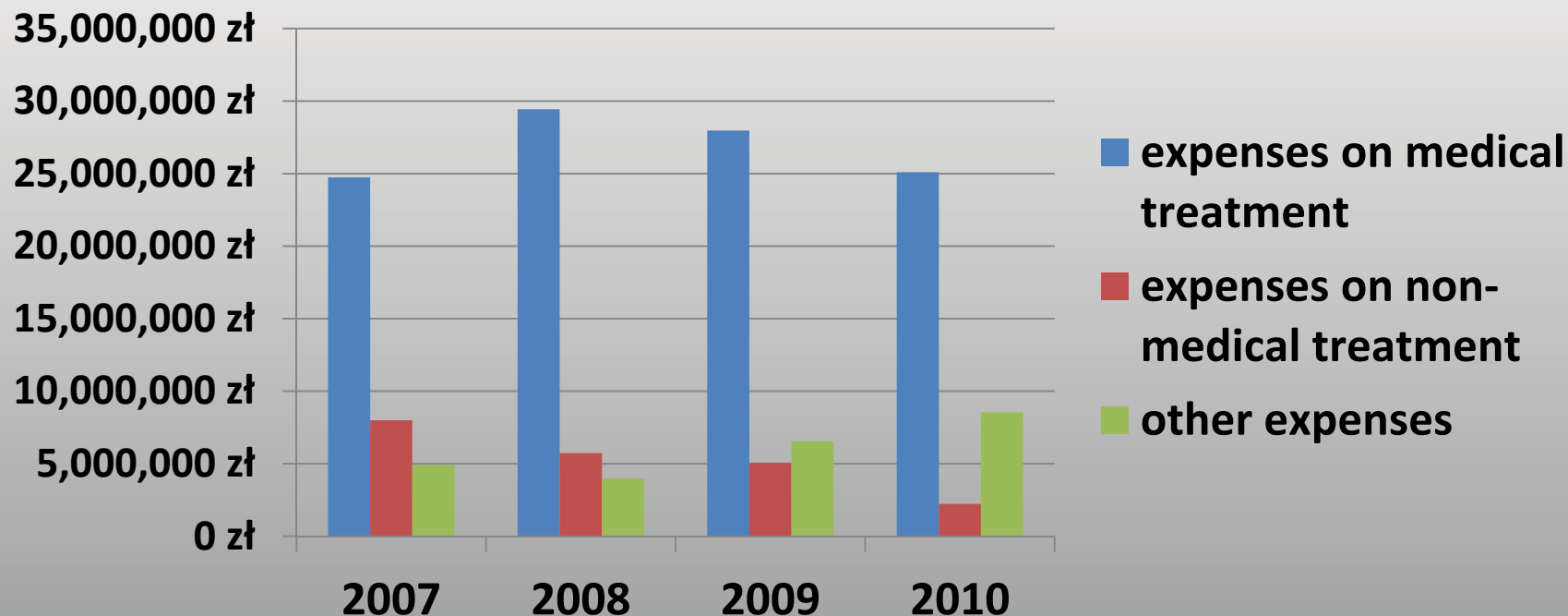
# What tasks are the money of local governments in communities spent on?



# ACTIVITIES TAKEN UP (FUNDED) BY LOCAL GOVERNMENTS IN COMMUNITIES

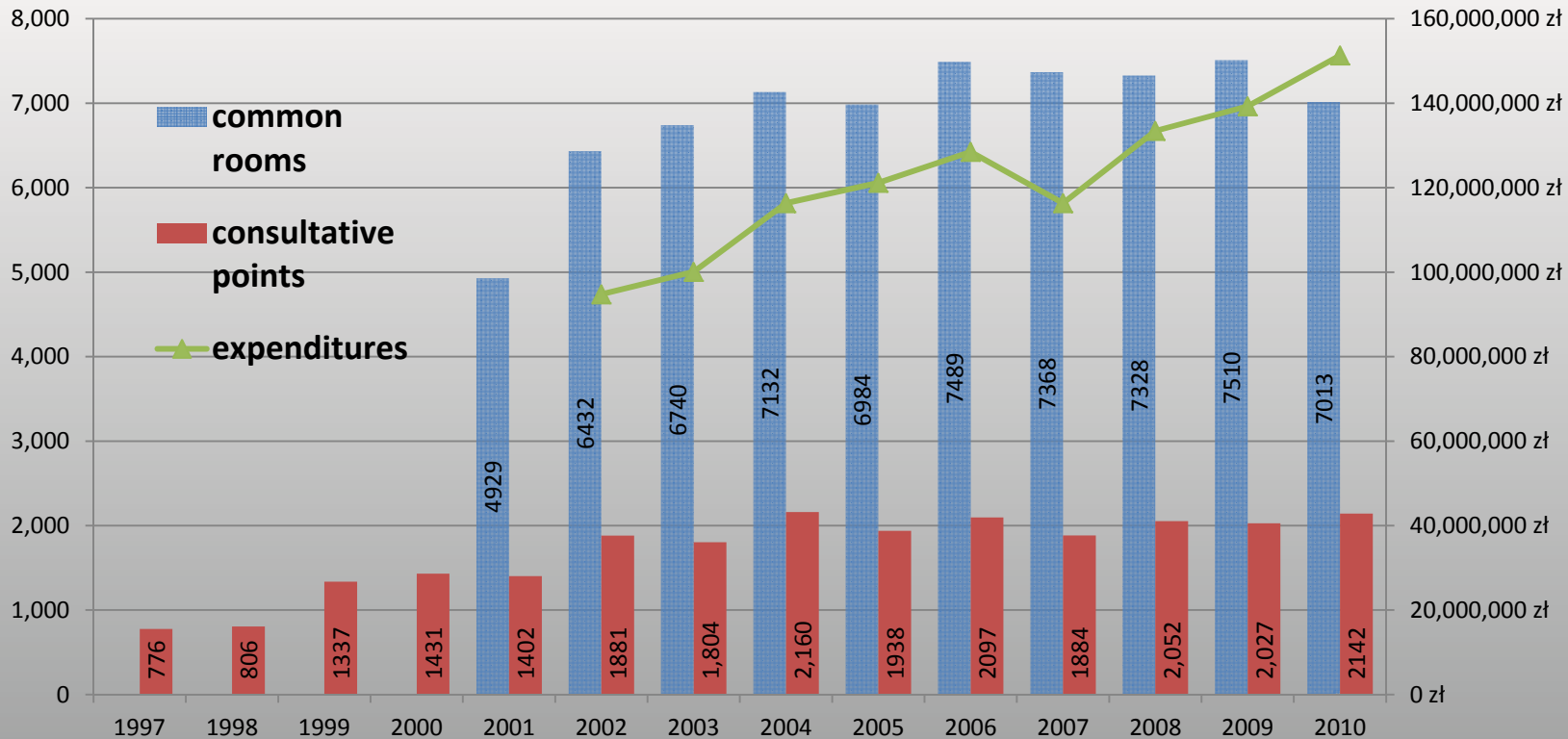


# Increasing availability of therapeutic and remedial help for alcohol addicts



NFZ (National Health Fund) funds short-term therapy. Other therapeutic and remedial activities are funded from community budgets.

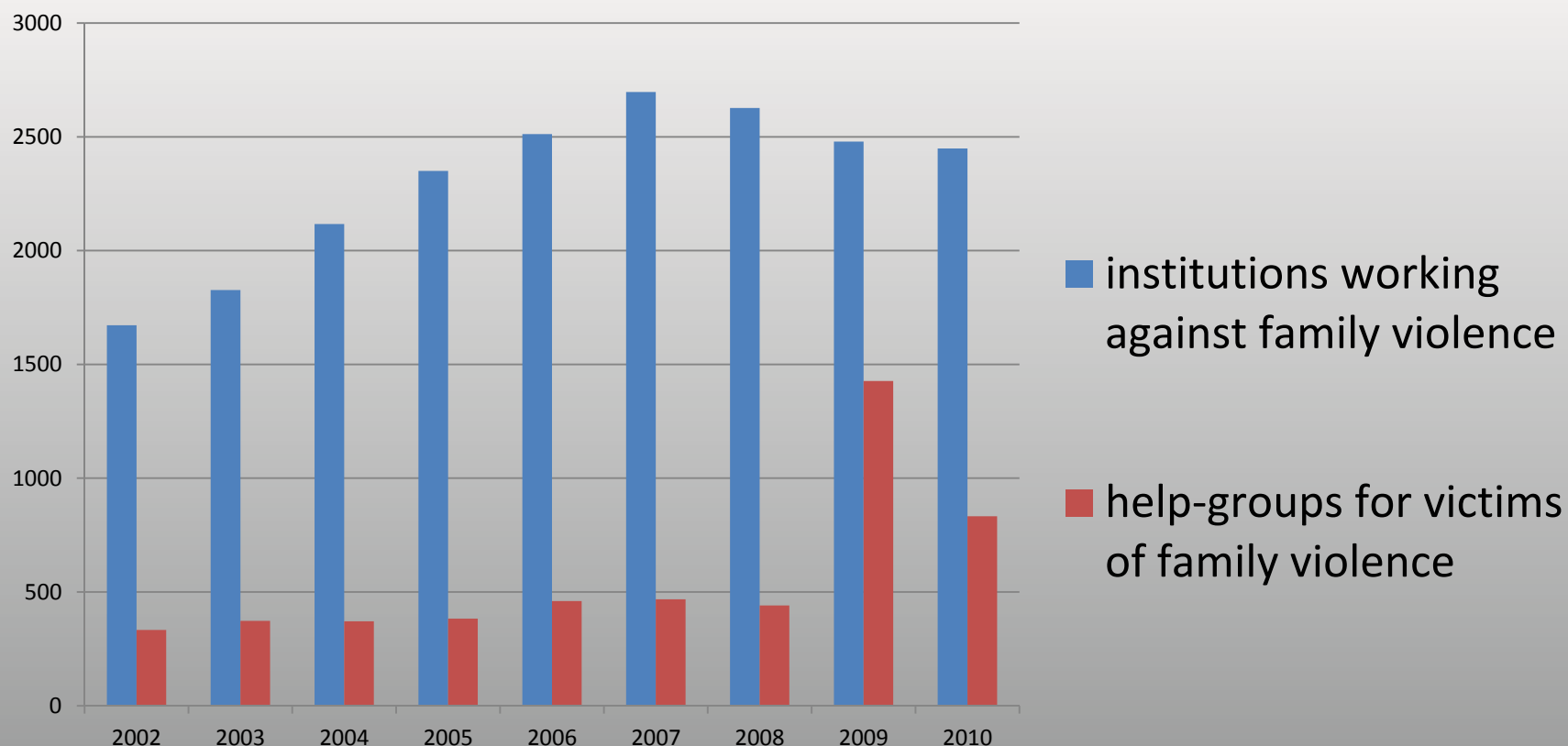
# Helping families with alcohol-related problems



**This help is traditionally based on functioning of:**

- **Consultative points (diagnosing problems of the whole family and planning help for all its members)**
- **Common rooms (day care of children)**

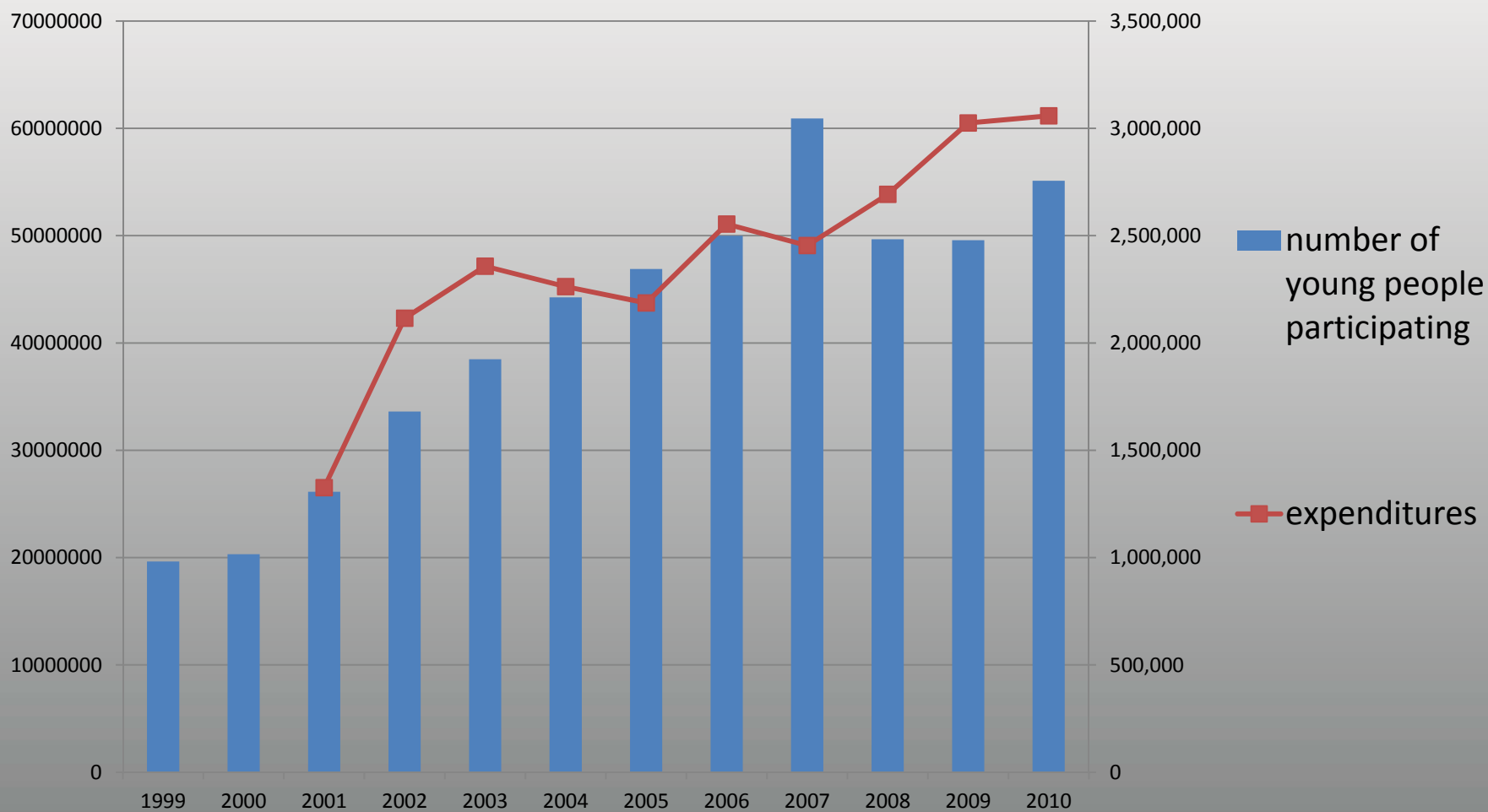
# Protecting families against family violence



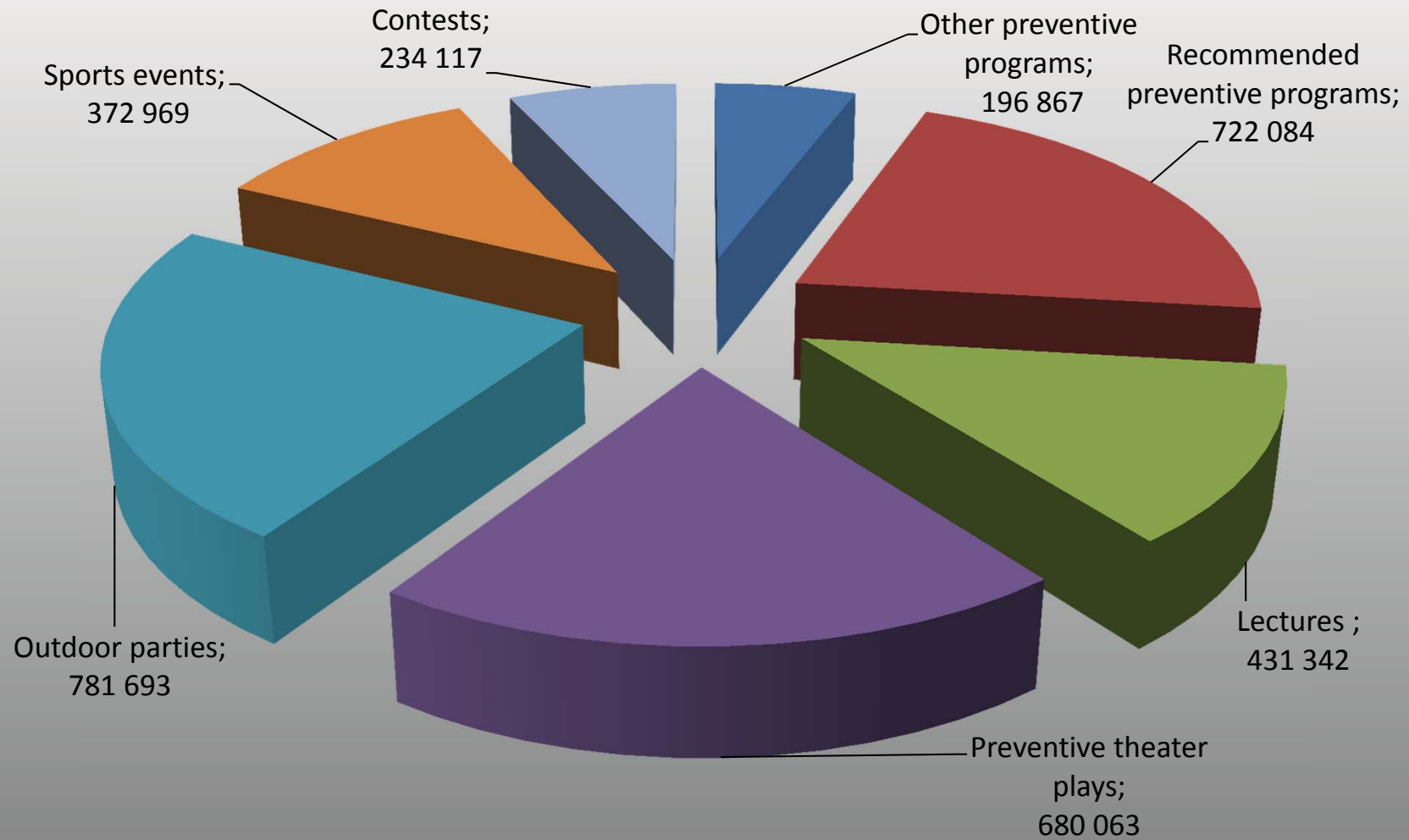
**In the course of time the number of actions taken up to counteract family violence and the number of their forms have increased. There have also been introduced new legal solutions giving better protection against violence.**



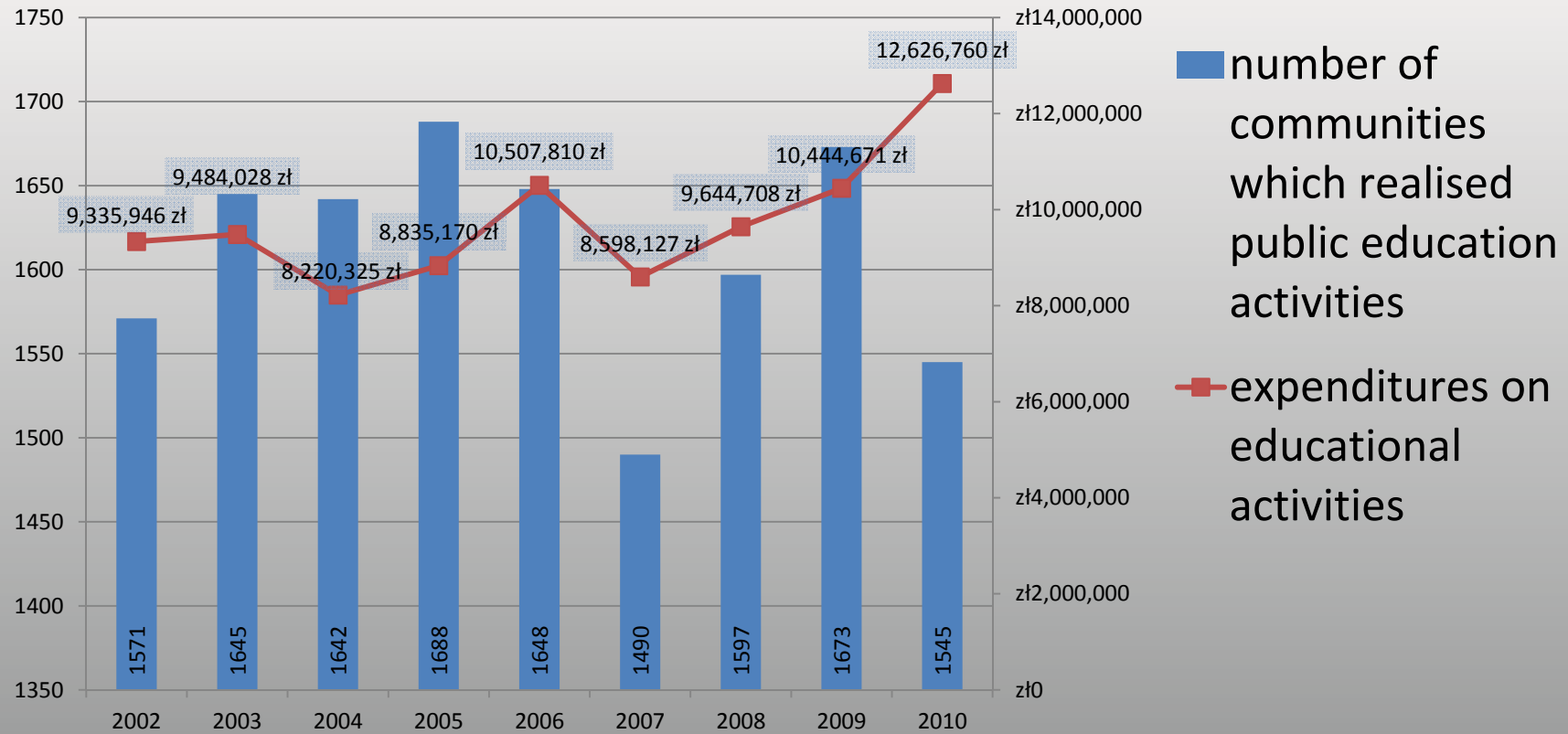
# Preventive programs



# Forms of preventive actions



# Public Education

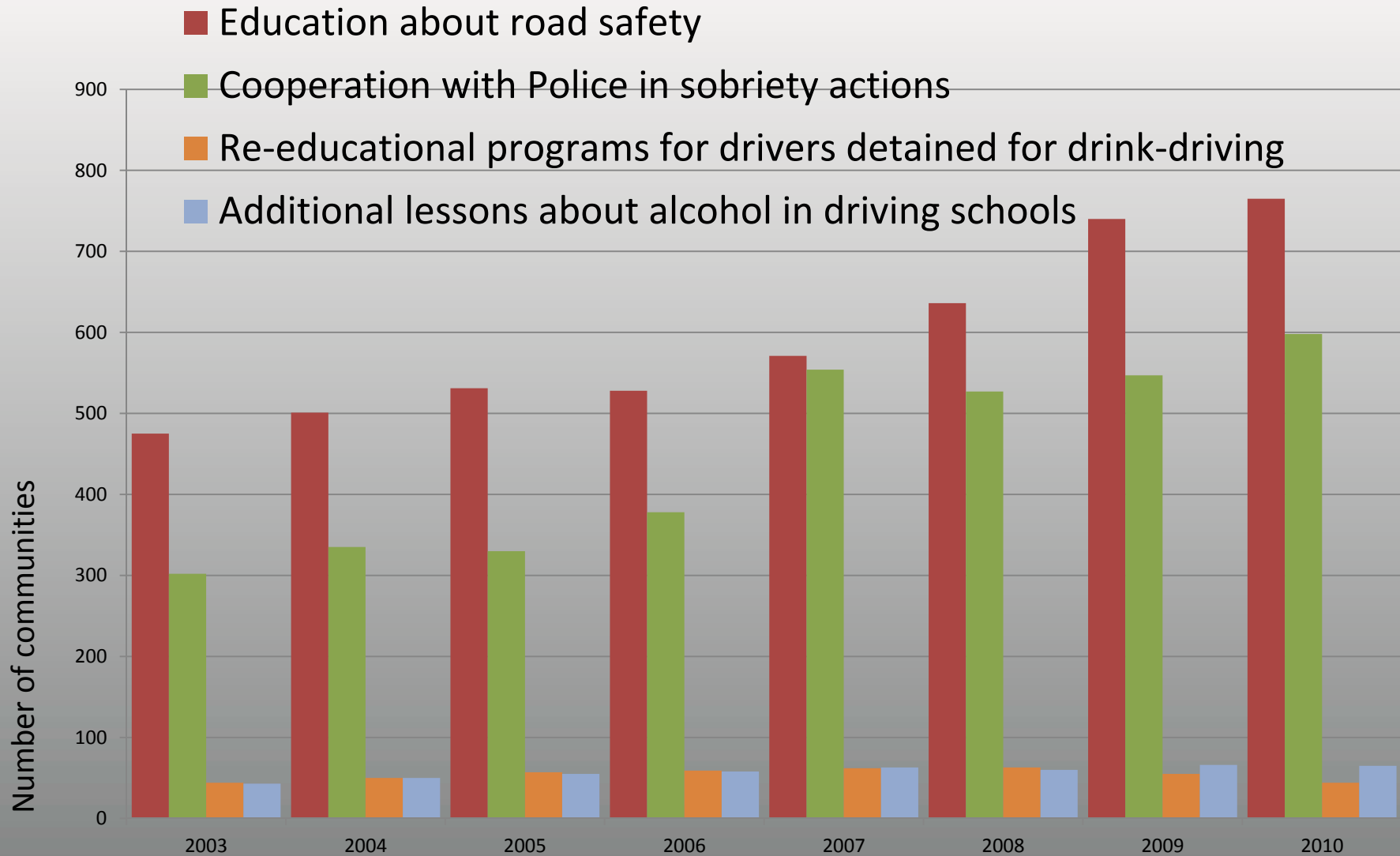


Alcohol,  
forbidden access  
for minors

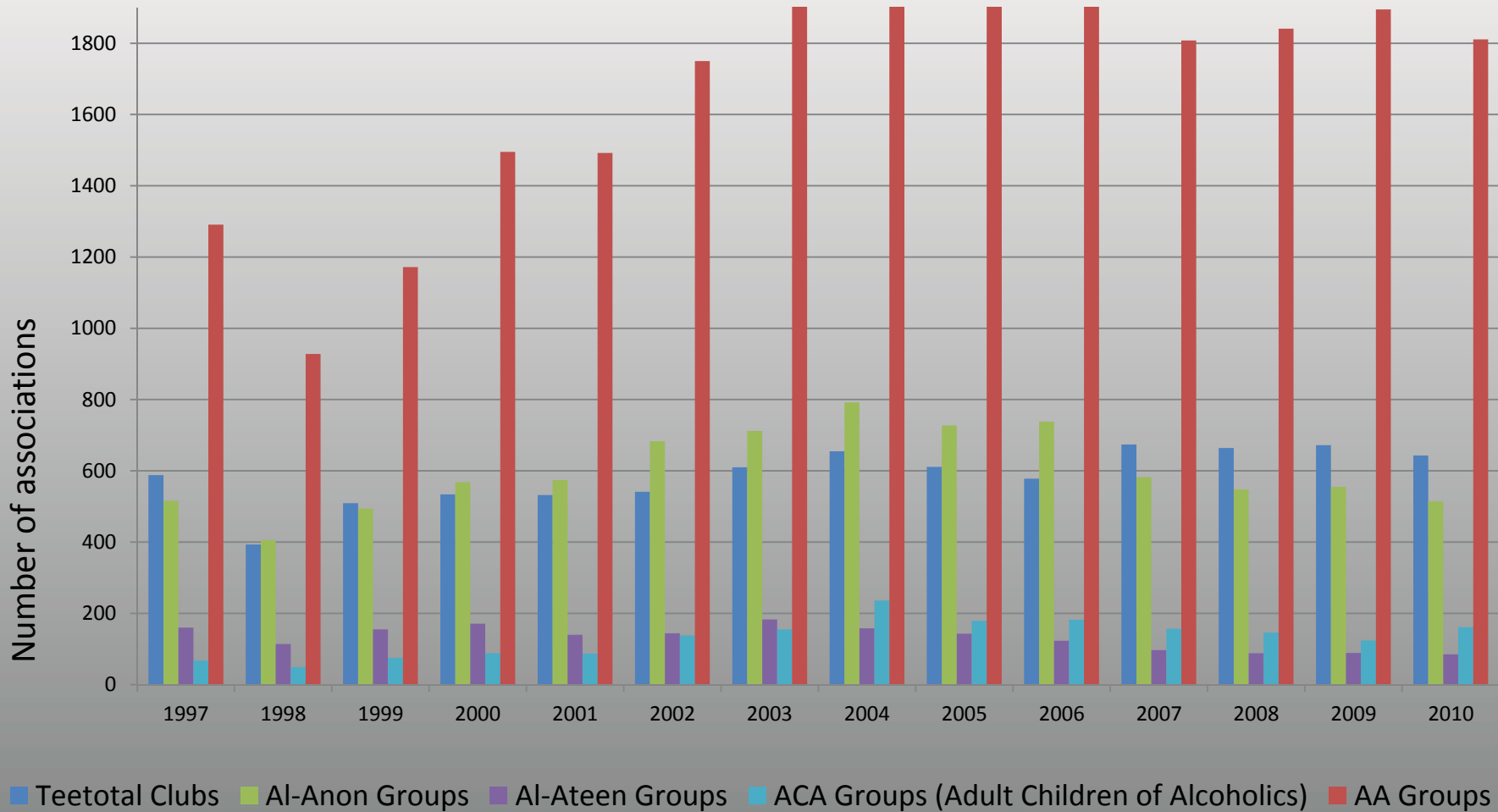
Pregnancy  
with  
no alcohol

Check  
if your drinking  
is safe

# Counteracting drink-driving



# Sobriety associations

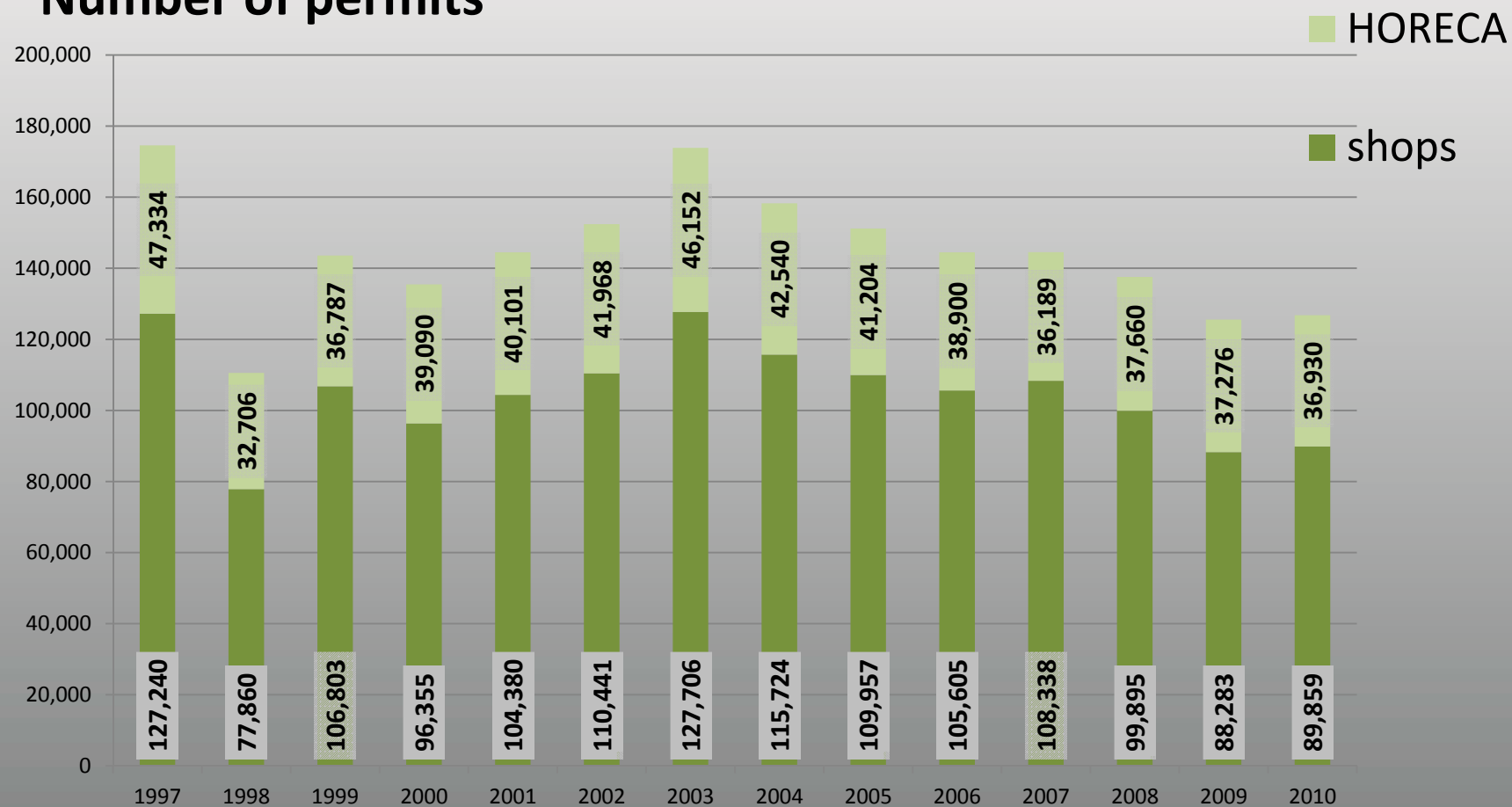


# POSITIVE RESULTS OF FUNCTIONING OF THE SYSTEM?

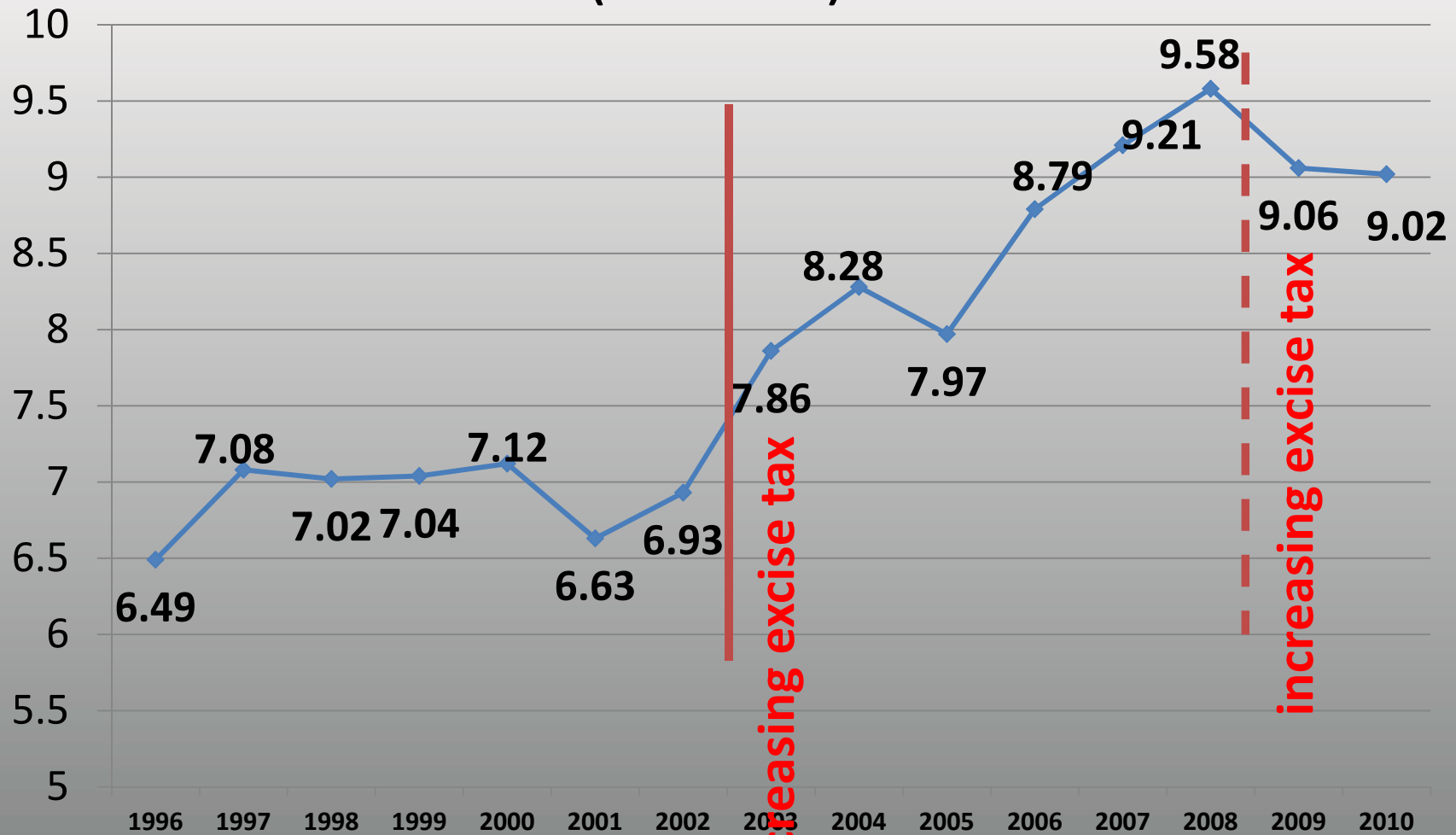


# Limiting the issuing of permits for selling alcohol

## Number of permits

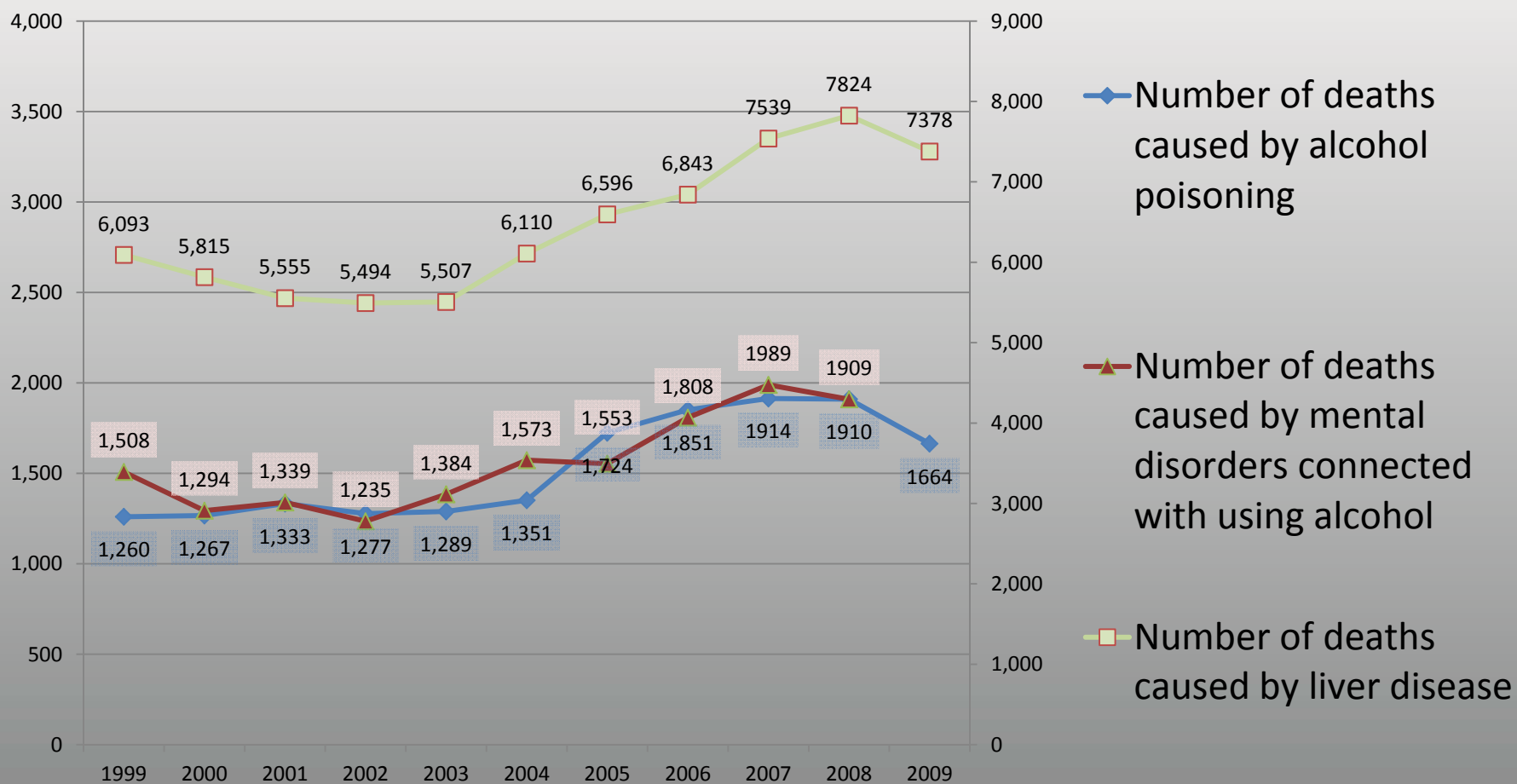


# Consumption of 100% alcohol per one resident (in liters)





# Reducing mortality caused by alcohol



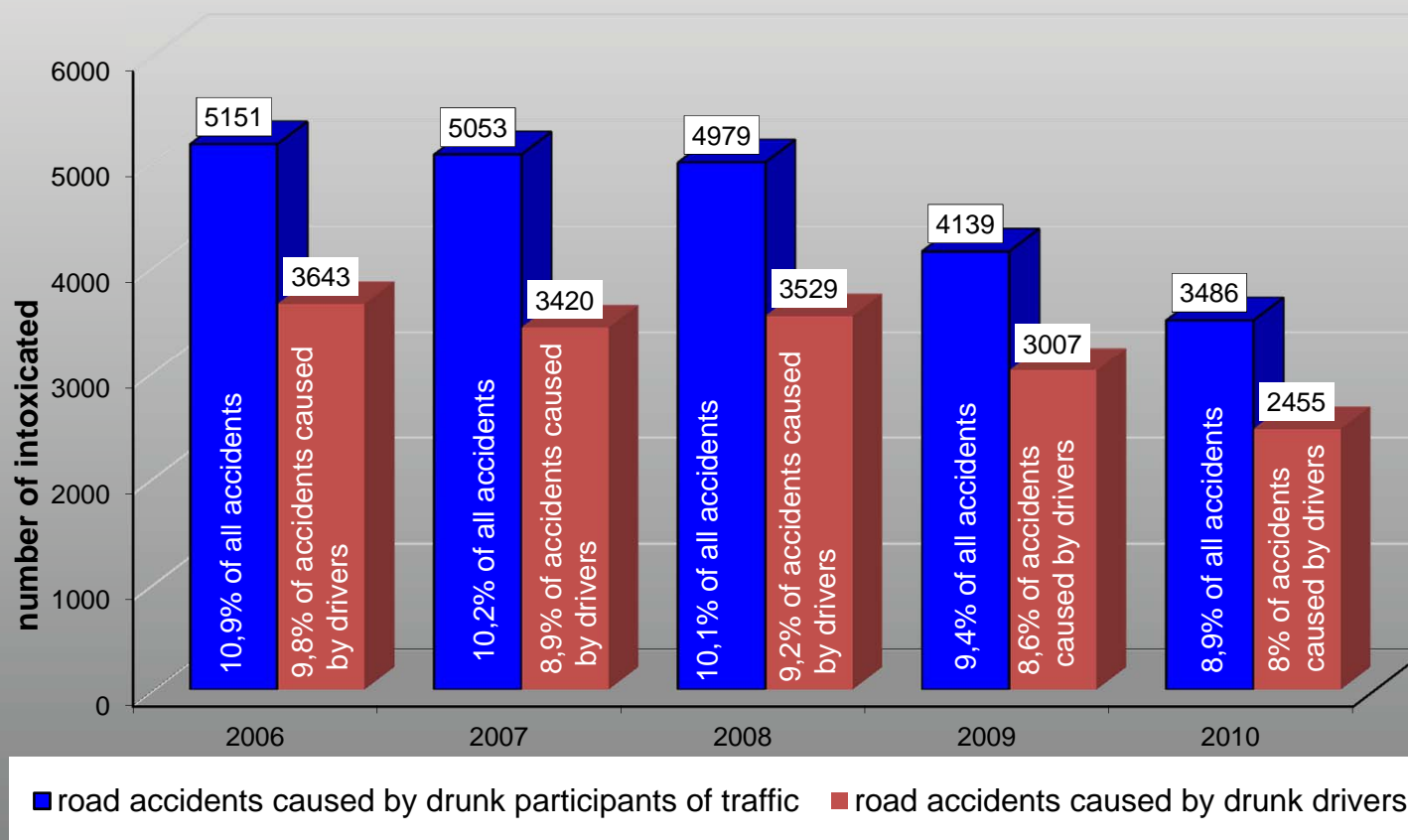
◆ Number of deaths caused by alcohol poisoning

▲ Number of deaths caused by mental disorders connected with using alcohol

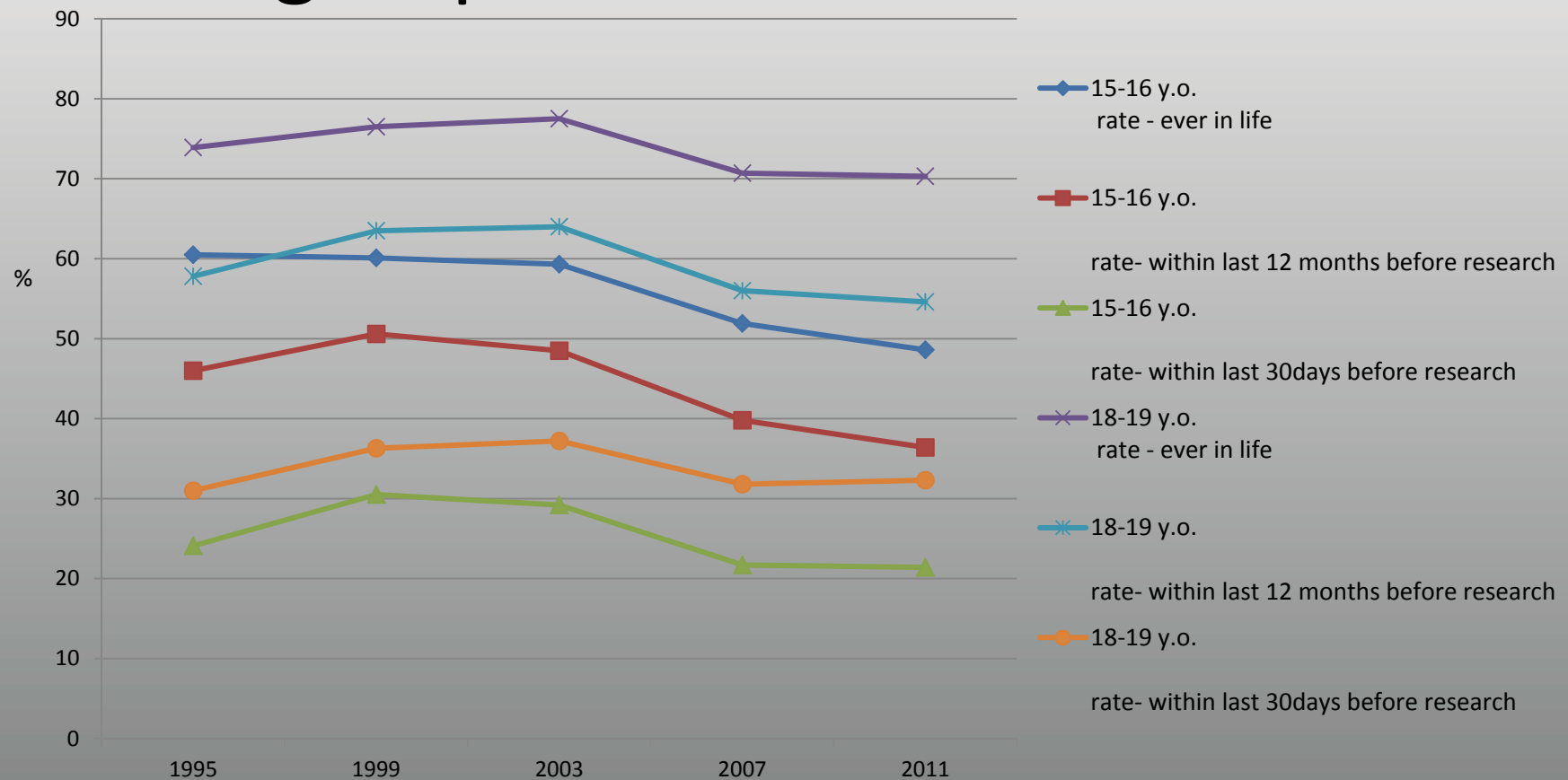
□ Number of deaths caused by liver disease

# Reducing the number of accidents caused by intoxicated

Insobriety on the roads



# The downward tendency for rates of binge drinking is visible in all age groups – ESPAD research



# SUMMARY DISCUSSION



1. Passing the tasks connected with solving alcohol-related problems to local governments, together with funds for their realisation:

- It supports therapeutic and re-medial help for alcohol addicts funded by NFZ
- It enabled development of the support system for families with alcohol-related problems and experiencing violence
- It ensures that about 80% of children and teenagers take part in prevention activities
- It stimulates development of public education, especially towards counteracting drink-driving

2. Since introducing the system in Poland, we have observed positive changes in the scope of reducing:

- issuing permits for selling alcohol
- alcohol consumption
- youth binge drinking
- number of road accidents connected with alcohol
- number of deaths caused by using alcohol

## 1. What should be improved in the system?

- Share of evidence-based programs among preventive programs
- Qualifications of persons responsible for prevention in local communities
- Supervising the quality of help offered to children from families with alcohol-related problems

## 2. What other factors can the observed changes be associated with?

- Legal changes (level of excise tax)
- World trends (e.g. fashion for healthy lifestyle)

## 3. What are the opportunities for this system?

- Opportunity – introducing the system of recommendations for preventive program
- Opportunity – research development

## 4. What are the threats for this system?

- Pressure towards introducing legal changes which are harmful from the perspective of health policy
- Involvement of alcohol industry in preventive actions
- Spending money on actions which efficiency has not been proven