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## “THE TASTE OF LIFE DEBATE” – A NEW PROGRAM FOR LEGAL HIGHS USE AMONG STUDENTS – RESULTS OF THE FORMATIVE EVALUATION.

In the past two years in Poland there was a sharp increase in number of stores with afterburners and consumption of these substances. The state authorities have responded to this phenomenon by strong administrative constraints. At the same time the National Bureau for Drug Prevention took the initiative to develop and implement a new prevention program in the use of legal highs. Arose such a scenario designed for brief intervention among high school students. Is called "Taste of life or debate on legal highs". Scenario very well in working with students. The results of the preliminary assessment are very encouraging. This is the first such program in Poland. Will be presented results of formative evaluation and the principles of working with this tool.

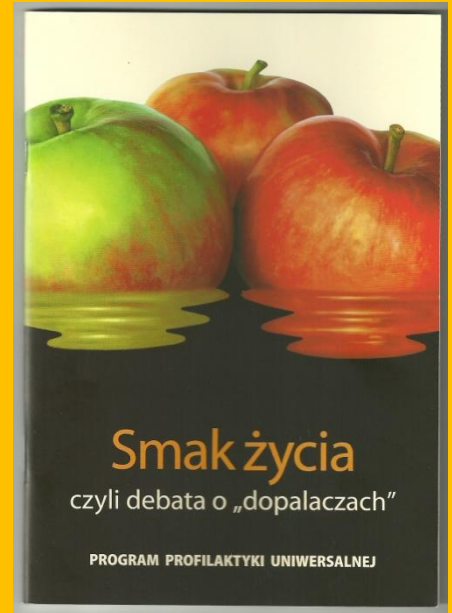
**Situation in Poland among youngsters:**  
al  
Within two years a sharp increase in consumption of „legal highs”.  
„Highs” could become the next mass drug!

**Reaction of the government**  
The reaction of the Government – limited availability of „highs”.  
Results: rapid decrease in the consumption „highs”, rapid decline of poisoning.  
Success? Yes, but the hydra has many heads.  
We need some tools for sustainable activities, changing lifestyle of young people, changing style of life.

**What kind of program we need?**  
Effective? Yes...  
Cheap? Yes...  
Simple? Yes...  
Attractive? Yes...  
Interesting? Yes...  
Convincing? Yes...  
Easy to use? Yes...  
Consistent with scientific knowledge? Yes...  
Compliant with Polish culture? Yes...  
Ready in three months? Yes...  
Yes...



### RESULTS FROM 147 QUESTIONARIES JUST AFTER 8 GROUP INTERVENTION S



**Do you enjoy this activities?**

**Yes – 122 (83 %).**  
**No – 6 (4 %).**  
**Hard to say – 19 (13%).**

Scale	1	2	3	4	5	6
Number of individuals	2	2	6	26	72	39
% of total population	1.4%	1.4%	4.1%	17.7%	48.9%	26.5%

**How would you rate these classes? Average**

**4,9 (scale 1min-6 max)**

Target group – teenagers from 13 years upwards.  
Artist: teacher.  
Method: preventive brief intervention in the group – original methodology developed in Poland for alcohol prevention programs („Noe”, „Debata”, „Korekta” and other, by Krzysztof Wojcieszek Ph.D.).  
Duration: three hours.

**Was there something that appealed to you the most? (open question)**

Yes and description – 95  
No – 52

In another question – something wrong unpleasant, danger – yes : 11, no : 136.

**DO YOU THINK SUCH COURSES SHOULD BE OFFERED TO YOUR PEERS?**

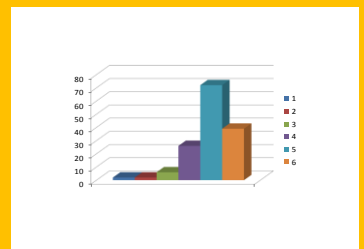
**Yes – 130,**  
**no – 8 ,**  
**hard to say – 9.**  
**88,4 % of respondents see the program as good for their peers!**

**DO YOU THINK THAT AFTER PARTICIPATING IN SUCH COURSES YOUR PEERS ARE CAUTIOUS?**

**Yes – 56,5 %**  
**No – 10,9 %**  
**Hard to say – 32,7 %.**

Have these classes increased your knowledge about psychoactive substances?

**HAVE THESE ACTIVITIES IMPACTED YOUR ATTITUDE TOWARDS PSYCHOACTIVE SUBSTANCES?**



**WOULD YOU LIKE YOUR CHILDREN TO PARTICIPATE IN SUCH ACTIVITIES IN FUTURE ?**

