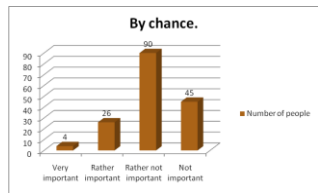
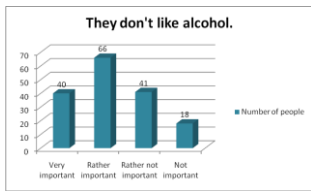
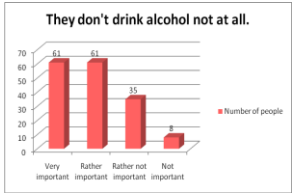
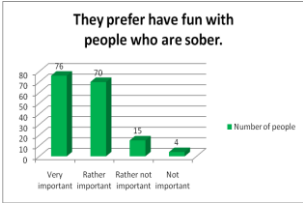
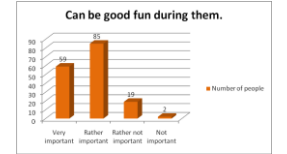
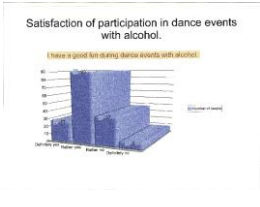
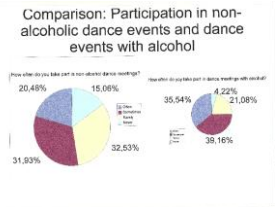
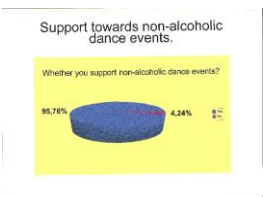
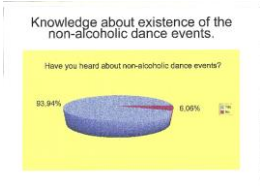


NON-ALCOHOLIC DANCE EVENTS IN WARSAW AMONG STUDENTS AS ENVIRONMENTAL PREVENTION IMPACT.

SUMMARY : Some student associations arrange large dance events for students of Warsaw universities. The peculiarity of these meetings is to assume that they are held entirely without stimulants, especially excluding alcoholic beverages. It is an attempt to respond to high consumption of alcohol on other events for students. Despite this limitation, these meetings are very popular. The study concerns the motivation of the participants and organizers and the degree of satisfaction with participants in such meetings. The study will answer the question whether such activity is noticed in the environment of students in Warsaw and can be regarded as a form of prevention activities, and particularly assess how these meetings act in minds of students. The study is an initial evaluation process of this method of the "prevention through abstinent entertainment".

THEORETICAL CONTEXT:
 In universal prevention the strategy of changing normative beliefs is crucial (Hansen 1993). Non-alcoholic meetings and dancing parties can be suitable way of changing students believes that „fun necessary needs alcohol”, but it depends on their experiences connected with such events.

METHOD: Group (n=165, M-67, F-98) of students were examined by anonymous questionnaire with a few simple questions about their views, approaches and experiences connected with their participation in non-alcoholic and non-drugs dance meetings. Some of them are the members of students organizations preparing such events and participate in such events. Only 15% have never been on such event.



Declared motives of participation: it is occasion to God's entertainment, possibility to meet very friendly people, way to kill boredom, alternative at situation of lack of the other ideas, wish to promote abstinence, wish to know people for whom such event is valuable, wish to remember dancing partner next day, show to the people that such events are valuable, alcohol is not necessary, people prefer be conscious what they are doing, without alcohol we can participate effectively in plays and activities, lack money for alcohol, personal believes, refreshment of society, wish to make experiments, attempt to meet responsible girlfriend/ boyfriend, good fun, security, to be sober alcoholic (risk), high culture of such events, wide life experiences, members of organisations promoting abstinence, being scout, new fashion, religious rules, taking medicines, rare violence incidents, different form of interpersonal communication, addicted in family.

CONCLUSIONS: a) majority of examined enjoy and have great time during non-alcoholic dance meetings (78%); b) almost every student support non-alcoholic dance events (96%); 84% claim, that different institutions should organise and promote non-alcoholic dance events.